

Basic Cold Weather Clothing Checklist

Long-sleeved shirt
Long pants (fleece or wool)
Sweater (fleece or wool)
Long underwear (polypropylene)
Socks (wool or synthetic blend)
Warm, hooded parka or jacket
Stocking hat (fleece or wool)
Mittens or gloves (fleece or wool) with water-resistant shells
Wool scarf
Rain gear

This list forms the basis of winter clothing. Use the list.